

# Seasons

BREAKFAST MENU



## Continental

### THE CONTINENTAL 8.00

A choice of cereals  
Fruit juices  
Natural yoghurt  
Mixed nuts  
Dried fruit  
Prunes  
Grapefruit segments  
Selection of fruit  
Fresh fruit salad  
A selection of honey and preserves

## To Order

Bread rolls  
Croissants  
Porridge  
Boiled eggs  
Brown and white toast  
Tea or freshly brewed coffee  
Decaf tea or coffee  
Fruit Teas

## Alternatives

### OMELETTE

Mushroom, tomato or cheese

### POACHED HADDOCK

Poached egg

### GRILLED KIPPERS

Lemon wedge

# Full English

## FULL ENGLISH BREAKFAST 12.00

Grilled pork sausage  
Back bacon  
Hash brown  
Field mushrooms  
Vine cherry tomatoes  
Baked beans  
Fried bread  
Poached, fried or scrambled eggs

# Children

(UNDER 3's FREE, 3-12 YRS 5.00)

## CHILDREN BREAKFAST

Boiled eggs toasted soldiers  
Baked beans on toast  
Scrambled egg on toast  
Croissants chocolate sauce

## FULL ENGLISH BREAKFAST

Scrambled egg  
Sausage  
Back bacon  
Baked beans  
Hash brown

All breakfasts are available from 7.00-9.30am/Sunday 8.00-9.30am.  
Please inform us of any food allergies or special dietary requirements



THE PARK